

## RESULTS :

4 km

SOLIDPHARMA

ESSENE

24/03/2019

rank	ID atl	sexe / name	rws	year	club	time	time / km	km
1	296	M Deleener Joeri [sen]	1/48	1991	trakker team	12:30	03:07	19.20
2	231	M Mordijck Jeroen [sen]	2/48	1990	3pt	12:33	03:08	19.12
3	252	M Goossens Wouter [sen]	3/48	2001		12:56	03:14	18.56
4	242	M Van Vooren Niels [sen]	4/48	2000	3pt-solidpharma	13:01	03:15	18.44
5	266	M Roosenboom Bryan [sen]	5/48	1993		13:23	03:20	17.93
6	268	M De Wit Jelle [sen]	6/48	1990		13:25	03:21	17.89
7	205	M Baut Danny [mas]	7/48	1971	dilbeek ac	13:41	03:25	17.54
8	232	M Philips Glenn [sen]	8/48	1991	spiridon aalst	13:42	03:25	17.52
9	220	M De Smedt Volkwin [sen]	9/48	1999	3pt-solidpharma	14:01	03:30	17.12
10	270	M Luyckx Pieter [sen]	10/48	1999		14:04	03:31	17.06
11	218	M De Smedt Hartwig [sen]	11/48	2003	3pt-solidpharma	14:07	03:31	17.00
12	262	M Franck Jonas [sen]	12/48	1989		14:12	03:33	16.90
13	271	M De Winter Jeroen [sen]	13/48	1996		14:26	03:36	16.63
14	234	M Raes Branko [sen]	14/48	2000	3pt	14:59	03:44	16.02
15	267	W De Smet Michele [sen]	1/36	1999		15:03	03:45	15.95
16	251	M De Cooman Bart [mas]	15/48	1981		15:12	03:48	15.79
17	202	M Baetens Mick [sen]	16/48	2001		15:14	03:48	15.75
18	281	M Huygh Jens [sen]	17/48	1995		15:17	03:49	15.70
19	278	M De Vlaminck Lennon [sen]	18/48	2009		16:00	04:00	15.00
20	213	W De Geyter Deborah [mas]	2/36	1985		16:10	04:02	14.85
21	241	W Van Der Sijpt Eva [sen]	3/36	1987	maspoe running	16:16	04:04	14.75
22	279	M De Vlaminck Frank [mas]	19/48	1972		16:22	04:05	14.66
23	248	W De Waele Jarell [sen]	4/36	2005	yellow armada	16:46	04:11	14.31
24	257	M Vermoesen Arnaud [sen]	20/48	2009		16:47	04:11	14.30
25	237	M Sonck Jozef [mas]	21/48	1968		17:22	04:20	13.82
26	239	M Van Den Brulle Berre [sen]	22/48	2007	za	17:58	04:29	13.36
27	294	W Gvery Jennifer [sen]	5/36	1991		18:09	04:32	13.22
28	265	M Van Vooren Jan [mas]	23/48	1969		18:11	04:32	13.20
29	216	W De Samblancx Kyana [sen]	6/36	2006	ea	18:27	04:36	13.01
30	236	M Sonck Jeff [sen]	24/48	2007		18:33	04:38	12.94
31	240	M Van Den Brulle Thor [sen]	25/48	2010	za	18:36	04:39	12.90
32	214	W De Jonge Lsa [sen]	7/36	1998		18:44	04:41	12.81
33	259	M Vernailen Patrick [mas]	26/48	1965		18:52	04:43	12.72
34	224	W Fierens Gitta [sen]	8/36	2005	vita	18:54	04:43	12.70
35	225	M Fierens Michel [mas]	27/48	1976	vita	18:55	04:43	12.69
36	217	W De Schuyteneer Els [mas]	9/36	1980	vita	18:56	04:44	12.68
37	206	M Braeckmans Bart [mas]	28/48	1980		19:26	04:51	12.35
38	208	W Cinco Amelita [mas]	10/36	1978		19:32	04:53	12.29
39	201	M Arijns René [mas]	29/48	1951	roadjoggers	19:52	04:58	12.08
40	280	M Van Gerwen Tim [mas]	30/48	1974		20:13	05:03	11.87
41	233	W Philips Tara [sen]	11/36	1996	spiridon aalst	20:21	05:05	11.79
42	275	M Lommers Dieter [nvt]	31/48			20:49	05:12	11.53
43	229	W Janssoone Emilie [sen]	12/36	2002		21:18	05:19	11.27
44	249	W De Waele Lana [sen]	13/36	2007	yellow armada	21:21	05:20	11.24
45	235	M Rosiers Jan [mas]	32/48	1965		22:01	05:30	10.90
46	226	W Hollevoet Gerlinde [sen]	14/36	1993	maspoe	22:20	05:35	10.75
47	256	M Wyaaels Robert [sen]	33/48	2011		22:28	05:37	10.68
48	223	W Eeckhoudt Sandra [mas]	15/36	1977	vita	22:29	05:37	10.67

49	293	W	Van Den Borre Paulien [sen]	16/36	2007	de loperkes	22:30	05:37	10.67
50	290	W	Naam 290 Roxana [mas]	17/36	1981		22:33	05:38	10.64
51	204	M	Baeyens Ruben [sen]	34/48	2011		22:43	05:40	10.56
52	276	W	Gillis Heidi [mas]	18/36	1981		22:52	05:43	10.50
53	222	W	Dierickx Rosie [mas]	19/36	1957	roadjoggers	23:28	05:52	10.23
54	297	W	Decask Rebeka [sen]	20/36	2002		23:29	05:52	10.22
55	287	M	Lievens Dirk [mas]	35/48	1960	markvallei	23:45	05:56	10.11
56	285	W	Raspoet Amber [sen]	21/36	2004		23:53	05:58	10.05
57	247	W	Callaert Sarah [mas]	22/36	1979		23:56	05:59	10.03
58	227	M	Janssoone Dennis [sen]	36/48	2008		24:24	06:06	9.84
59	212	M	De Geyseler Robert [mas]	37/48	1958	ars	24:28	06:07	9.81
60	215	M	De Nil André [mas]	38/48	1968	ars & den bos	24:34	06:08	9.77
61	230	W	Leen Putseys [mas]	23/36	1971	roadjoggers	24:55	06:13	9.63
62	255	M	W Matthias [sen]	39/48	2011		24:57	06:14	9.62
63	245	W	Michiels Lotte [sen]	24/36	2001		24:58	06:14	9.61
64	291	W	Naam 291 Adriana [mas]	25/36	1979		25:03	06:15	9.58
65	298	M	Vanderplasschen Nick [sen]	40/48	2002		25:11	06:17	9.53
66	261	W	Michiels Nona [sen]	26/36	1993		25:14	06:18	9.51
67	260	M	Fontaine Jason [sen]	41/48	1993		25:15	06:18	9.50
68	282	M	Raspoet Ronald [mas]	42/48	1974		25:18	06:19	9.49
69	284	M	Raspoet Tilo [sen]	43/48	2006		25:19	06:19	9.48
70	295	W	Vanderplasschen Ine [nvt]	27/36	200		25:22	06:20	9.46
71	246	W	Demaegd Sylvia [mas]	28/36	1978		25:26	06:21	9.44
72	250	W	Van Langenhove Kristel [mas]	29/36	1981		25:27	06:21	9.43
73	219	W	De Smedt Sara [sen]	30/36	1994		25:29	06:22	9.42
74	238	M	Van Den Bossche Kevin [sen]	44/48	1990		25:29	06:22	9.42
75	209	M	Cosyns Geert [mas]	45/48	1962		26:38	06:39	9.01
76	289	W	Baeskens Hilde [mas]	31/36	1965		27:54	06:58	8.60
77	254	W	Slabbynck Rita [mas]	32/36	1958	roadjoggers	28:39	07:09	8.38
78	200	M	Allard Frans [mas]	46/48	1956	sna welle	28:57	07:14	8.29
79	203	M	Baeyens Lander [sen]	47/48	2009		29:22	07:20	8.17
80	211	W	De Feyter Veerle [mas]	33/36	1980		29:30	07:22	8.14
81	253	W	Neven Nadine [mas]	34/36	1965	bvl	30:45	07:41	7.80
82	292	M	Roeland Jonas [sen]	48/48	1993	club 365	30:51	07:42	7.78
83	243	W	Vitse Nelly [mas]	35/36	1942	vita	31:40	07:55	7.58
84	277	W	De Bruyn Fleur [sen]	36/36	2007		43:02	10:45	5.58